

# THE MANITOBA MAPLE

June 2017 (10th edition)



**Manitoba**

Manipóvoa Formação Profissional e Línguas, Lda



MAIS DE 30 ANOS A ENSINAR

educate

inspire

innovate

... always learning



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**2017 Best FCE**

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**CERTIFICADO DE MELHOR ESCOLA  
DO RESULTADO DE  
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**2017 /18**

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Manitoba - Póvoa de Varzim

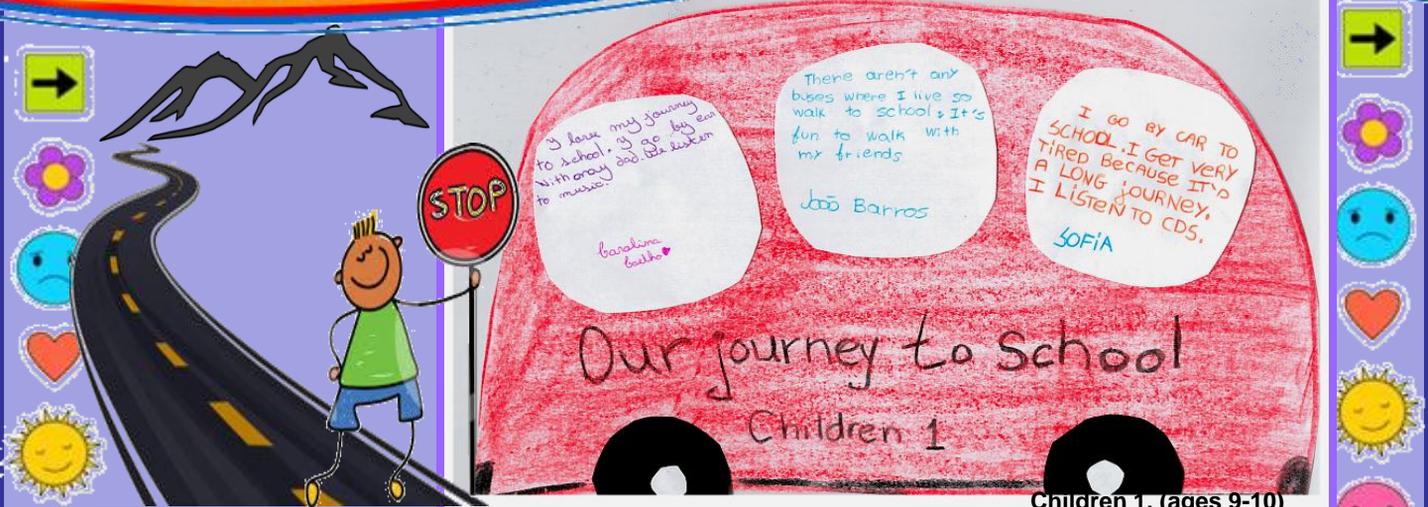
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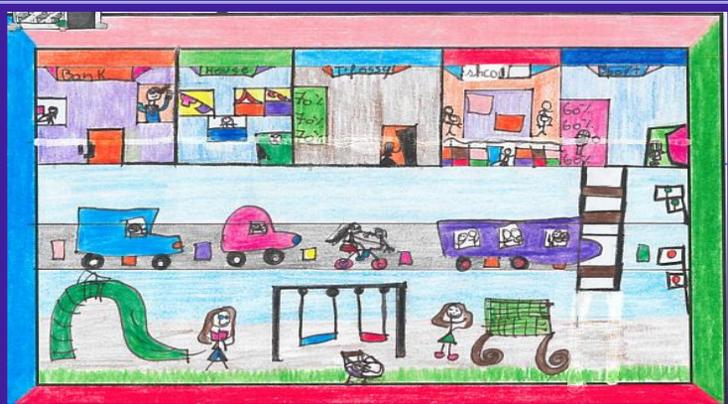
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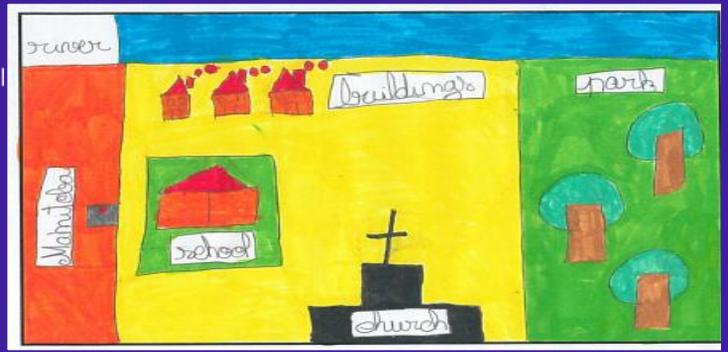
Children 1, (ages 9-10)

## My Great City!!!



Hello my name is Bea!  
In my town there is a park and a lot of houses. There are many banks and shops. There is a Tiffosi clothing store. Next to the store there is a sports shop and if we walk a few kilometres there is a school. There is a road and zebra crossing. I love my city. It is fantastic and beautiful!

Beatriz, Children 1 (ages 9-10)



I live in Vila do Conde. My school is behind the church. The park is near the church. There aren't any airports but there are some buildings. Manitoba is in front of my school. My town is great!

João Carlos, Children 1 (ages 9-10)

## My Dream Town

There isn't a river or a beach and there aren't any football stadiums. There aren't any tennis courts and there aren't any bus stations. There aren't any railway stations. There is a school next to the library. The park is beautiful. There isn't a castle but there is a toy shop. The supermarkets are big. There is a library behind the clothes shop. There is a hotel, it's big and fantastic. There isn't a beach but there is a bookshop. My dream town is beautiful!

Carolina, Children 1 (ages 9-11)



# FRIENDS FOREVER



Be your own kind of beautiful

Her name is Sara. She is eleven years old. Sara has got long blond hair and big eyes but she has got small ears. She is tall and thin and pretty. She has got a beautiful smile. She can play drums but she can't sing. Sara doesn't like chips and hamburger but she likes rice and meat and vegetables. She is cool!

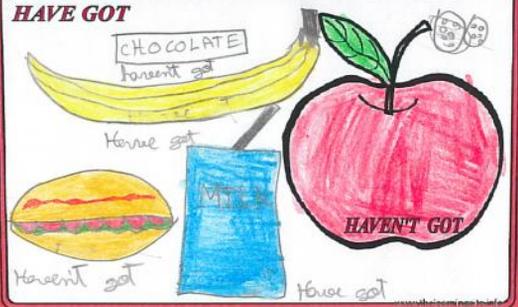
Sofia, Children 1 (ages 9-11)



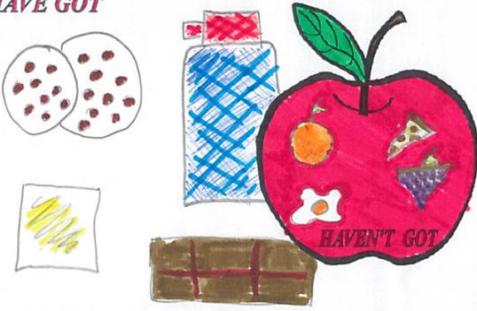
# My Lunch Box

I haven't got a sandwich. I have got a banana. I have got milk. I haven't got an apple. I haven't got a chocolate bar. I have got a great lunch!

Joana Dias, Children 1 (ages 9-10)



HAVE GOT



I have got some juice but I haven't any grapes. I have got some bread but I haven't any pizza. I have got some biscuits but I haven't any oranges. I have got a chocolate bar but I haven't any fried eggs. I have got some biscuits, some juice, bread and chocolate. I haven't got any oranges, pizza or grapes.

Ana Valentim, Children 1 (ages 9-10)

# I AM

1. What is your name?

My name is Daniela

2. How are you?

I am fine

4. What are you?

I am a girl

3. How old are you?

I am 8 years old

Daniela  
Children B  
(ages 7-8)

1. What is your name?

My name is Tomás

2. How are you?

I am fine

4. What are you?

I am a boy

3. How old are you?

I am 7 years old

Tomás  
Children B  
(ages 7-8)

# Happy Valentine's Day

Roses are red,  
Violets are blue,  
Sugar is sweet,  
And so are you.  
Happy Valentine's Day.

Miguel, Children 1, (ages 10-11)



Roses are red.  
Violets are blue.  
You are my best friend.  
Your funny and cool too!

Ana Teixeira, Children 1, (ages 10-11)



Dear Valentine,  
Roses are red, violets are as blue  
as my love is for you  
If I send you a teddy bear  
Will you become my friend too?  
Love,

Gonçalo Figueiredo, Francisco Silva  
Children 4, (ages 14-15)

## Time to CELEBRATE!

Good friends are like stars, you  
don't always see them, but you  
know they're always there.

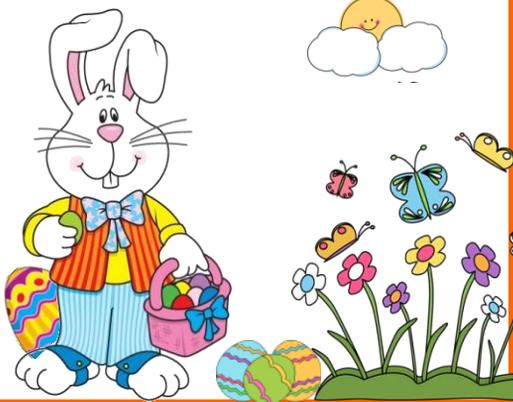
Class D, (ages 14-16)

Dear Valentine,

We are in February and I have bought my teddy already.  
I'm not going to miss giving you this my love. I promise,  
I'm going to send it to you. With love and a hug. Your  
Valentine

Angélica, Francisco Almeida, Rita Azevedo,  
Children 4, (ages 14-15)

# HAPPY EASTER



Who is this cute bunny??? It's an Easter bunny and it's a beautiful day to find Easter eggs with his butterfly friends. The bunny has got big ears and a big pink nose. The sun is yellow and the butterfly friends have got wings and they fly high to help find eggs. So they are all looking for Easter eggs. Some twenty minutes later, the bunny has got a basket full of eggs. They are all very happy.

Bea, Children 1 - Vila do Conde (ages 9-10)



The Easter Bunny is white and he has got a pink nose. There is a blue butterfly and there are two pink and yellow butterflies. There are some beautiful flowers. The Easter bunny has some Easter eggs in his basket. There is a big Easter egg behind him. He has got one tooth and a big mouth. He is happy. He has got an Easter egg in his hand and there are eggs on the grass too. He has got two long ears!!!

Vasco, Children 1 - (ages 9-10)

## happy THANKSGIVING

I am thankful for my health and my family. I don't have any health issues, I am grateful for that. My family is supportive and balanced, which will help me succeed and become a great person in the future.

Carolina, Class D (ages 15-16)

I am thankful for living in a country where girls have the opportunities to study and women and men have the same rights and duties.

Mariana Class D (ages 15-16)



You may not ever see one.  
 If you see it, you should give it to the museum.  
 You must stay calm.  
 You mustn't fight with it.  
 It has to feed to stay alive.  
 You don't have to protect it. Protect yourself!



**(I'm a dinosaur)**

**Gonçalo and Francisco, Children 4 (ages 13-14)**



It can swim. You should keep your hands away. You must be friendly to it and it will like you. You have to look after it and feed it. You mustn't hurt it because it doesn't deserve this. You don't have to have this animal for a pet, but if you do, look after it.



**(I'm a turtle)**

**Beatriz Ribeiro and Gonçalo Silva, Children 4 (ages 13-14)**

You may see it in a shop. You should keep it in a cage.  
 You have to feed it vegetables and plants.  
 You must keep it in low temperatures. You mustn't pick it up because it will bite you. You don't have to wash it.

**(I'm a guinea pig)**



**Maria Silva / Pedro Lopes / João Videira, Children 4 (ages 13-14)**

This animal may eat you.  
 If you see it, you shouldn't be afraid. You must lay down on the ground. You have to respect its cubs. You mustn't attack it or its cubs.

You don't have to worry about this animal because it doesn't live in Portugal.

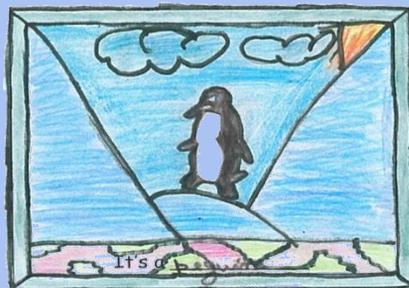


**(I'm a brown bear)**

**Francisco Almeida and Luis Figueiredo, Children 4 (ages 13-14)**

It's black and white. It's got a big beak and two small wings but it can't fly. It's got a small tail and two feet. It's fat. It lives in the North Pole. It eats fish. It can walk and swim but it can't run. It's very cute. What is it?

**Beatriz, Children 1 (ages 9-10)**





# How much do you know??

# General Knowledge QUIZ



- Water-Polo is one of the most difficult sports in the world? How long does a game take?
  - 24 minutes
  - 20 minutes
  - 30 minutes
- Lisbon is Portugal's capital and Brasilia is Brazil's capital. Which is Poland's capital?
  - Greenland
  - Warsaw
  - Bratislarea
- People speak Portuguese in Portugal and German in Germany. Which is the most spoken language in Belgium?
  - Belgian
  - English
  - French
- The Asiatic lion is a rare mammal. This feline is on the verge of extinction, it only lives in the Gir Forest National Park in:
  - China
  - India
  - Bangladesh
- Venice is one of the most visited cities in Italy. Instead of streets it has one hundred and seventy seven channels and more than:
  - 300 bridges
  - 400 bridges
  - 500 bridges
- In Oceania you can find beautiful animals, tropical jungles, deserts and big mountains. It's made up of islands. Some of them are of volcanic origins. Who discovered Australia, Papua New-Guinea and New Zealand:
  - Robert Peary
  - James Cook
  - Road Amundsen
- Bob Marley was one of the most important singers in the world. When was he born?
  - 1995
  - 1955
  - 1946
- Volleyball is a team sport played by two teams that score points. How many players are there in each team?
  - 5
  - 6
  - 7
- When was the American Revolution - The Boston tea party?
  - 1773
  - 1883
  - 1693
- Who wrote the Lusiadas?
  - Luis de Camões
  - Gil Vicente
  - Eça de Queiroz
- Who sings the song "The Shape of You"?
  - Shawn Mendes
  - Justin Bibber
  - Ed Sheeran
- The United States of America has:
  - 51 states
  - 50 states
  - 45 states
- Karate was created in:
  - Ryukyu
  - Japan
  - China
- Recently, a Brazilian person won a record because:
  - he climbed the highest tree in one minute.
  - he read the bible in two hours.
  - he won "Super Maria World" in one minute.
- Hogwarts is Harry Potter's school. In real life the school exists in:
  - London
  - New York
  - Oxford



1. A  
 2. B  
 3. C  
 4. B  
 5. B  
 6. B  
 7. A  
 8. B  
 9. A  
 10. A  
 11. A  
 12. B  
 13. A  
 14. C  
 15. A

Solution

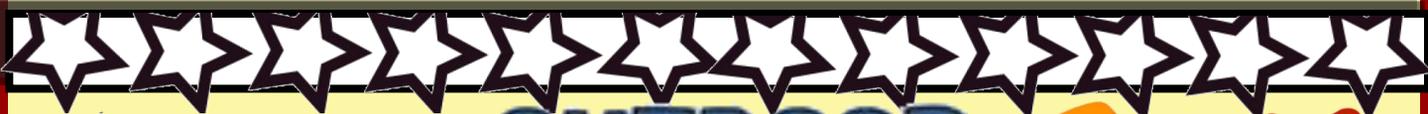


1. How do you make "Cozido à Portuguesa"?
  - a. Fry
  - b. Boil
  - c. Grill
2. What does Rui Costa do?
  - a. A cook
  - b. A painter
  - c. A cyclist
3. Who was the first person to go to the moon?
  - a. Neil Armstrong
  - b. Michael Collins
  - c. Edwin Aldrin
4. Ice cream was invented in:
  - a. France
  - b. China
  - c. Italy
5. Which month has got 28 days.
  - a. August
  - b. February
  - c. December
6. \_\_\_\_ is the breakfast of American people.
  - a. Fruit
  - b. Bread with jam
  - c. Bacon, eggs and beans
7. 25th of April as in:
  - a. 1950
  - b. 1975
  - c. 1974
8. Which was the first rock band in the world?
  - a. Contenders
  - b. Delta Cars
  - c. Rock the Join
9. Cheese is made from:
  - a. Grass
  - b. Animals
  - c. Milk
10. Rice is grown in:
  - a. The sky
  - b. Water
  - c. Sand



1. B  
2. C  
3. A  
4. B  
5. B  
6. C  
7. B  
8. B  
9. B  
10. B

Beatriz, Margarida, Catarina, Ana Luísa, Gabriela. Renata, Rafaela and Ângela, Children 3 (ages 11-13)



# OUTDOOR FUN



WooHoo!



Field Trip!



# Happy Halloween



It can be real or make believe.

“Only the strong survive...” That’s what they say. A bleak thing to believe in, is it not? To think that there would be no place for those of other talents in this world. Well, it’s all a common misconception anyway...

It is not the best fighter who’ll live, not the best marksman nor the best survivalist. It is not the best at teamwork nor the most independent. No. It is the hunter, or one who shares his characteristics. They’ll survive because it is they who know all these things, because they are both the most versatile and the best at adapting.

Eva had left from the city of Hamwier days before, packed with all the supplies she could carry, to hunt a dangerous game, wolves. A perilous yet rewarding task. But the hunt hadn’t gone as planned. No, it had been anything but normal.

Everything had been going fine until nightfall on the fourth day. That’s when it started. A loud, otherworldly shriek marked the beginning of something horrific, something far beyond Eva’s understanding. The shriek was followed by a choir of howls, which sounded much like what she was used to, but somehow different, like something had changed, but she couldn’t tell what. And it terrified her.

The hunt was off. Eva turned around and started walking back, retracing her steps. She’d left markings on the trees of the thick forest to make such a task easier, but the dense vegetation and the darkness still made it impossible to escape at a good pace.

As she walked as fast as she could through the forest, she wondered if she had got it wrong, if it was nothing, and if she was running for no reason. But then she saw it. It looked like a wolf, but it was larger, with more muscle and thicker limbs. Its front legs looked more like arms, and it seemed that it could use those to rip you to shreds much faster than with its teeth. But, strangely, it wasn’t attacking, only growling. It didn’t take her long to realize why. It couldn’t attack, as it was being tied down by the roots of the trees around it. It was clearly something unnatural, so unnatural that even nature itself was trying to hold it down. Eva couldn’t let such an abomination live. She pulled out her crossbow, and shot at the beast, hitting it in the chest.

For a few seconds, she was completely still, while the beast squirmed as it bled from the wound in its chest, desperately trying to move its arms, but only tightening the roots around it. As time passed, its attempts to break free withered in strength until, at last, it stood unmoving, quiet... Dead.

Or at least it’s what it looked like, that’s what she thought. She was wrong. She noticed the body moving, not as if it were alive but as if something was inside it, trying to escape. It didn’t have to struggle for long, as it quickly ripped through both the skin of the wolf and the roots that once bound it.

A writhing abomination rose from the wolf’s corpse, vaguely mimicking its shape. Its pale white flesh formed into long tentacles, which curled around themselves to form limb-like appendages, ending in massive, razor-sharp claws. Its “head” was also a mass of tentacles, but completely covered in teeth. Though it’s shape faintly resembled a wolf’s, it moved not like one. Standing at about 2,5 meters tall, it almost slid along the ground, as the tentacles that formed its “legs” moved independently.

Eva was terrified, shaken to her very core. Most other people would have been unable to move, immobilized by fear. But not her. She’d learned to control her fears long ago, and then was not the time to waver.



The abomination swung down one massive arm, attempting to crush Eva. She quickly dodged to the side, dropping her crossbow in the process. She reached to her waist and unsheathed her sword, the blade's metal reflecting the moonlight above. When the beast swung again, she dodged the attack and swiftly riposted with a powerful downward swing, chopping off the tip of its arm.

The monster squirmed and flailed its limbs erratically, as its incomplete arm seeped purple, reddish blood. The beast's movements sent blood flying in all directions, and Eva got covered in it. It smelled putrid and rotten, like death itself, and it was cold, so very cold. She smelled the death and felt the cold, but it didn't scare her. She didn't care.

Eva stood still, occasionally dodging a flailing limb, but her eyes were on her prey, studying it looking for an opening, for an opportunity to strike. She behaved like the very prey she once hunted, and the prey she hunted behaved mindlessly... And that would be its downfall.

The moment the prey slowed down, tired out by its own mindless movement, the huntress struck. She charged at the beast, blade in hand and jammed it right into the side of the prey's neck. She put all her strength into the swing and buried her sword so deep into her prey's flesh that it came out the other side. Her prey, again, started flailing wildly, so she let go of her blade and ran back, to get out of its range, picking up her crossbow along the way. It was covered in blood, but still functional. She loaded a bolt into it and, aiming at her prey, fired it. The bolt pierced its chest, and the impact staggered the beast, giving the huntress the opportunity she needed. She loaded another bolt and, aiming up, fired it straight into the head of the monster. The bolt lodged itself into the prey's skull and, after a few seconds of mindless movement and loud, painful shrieking, the beast fell to the ground dead... actually dead... truly dead... forever dead...

It was done. Not in a pretty graceful way, but done nonetheless. The huntress had hunted, the prey had been slaughtered, the nightmare was slain. An outside force had made a mockery of the nature Eva loved so dearly, and she had rid the world of it.

Now, to head home, back to Hanwier, to rest, to try and forget all of that. She knew, however, that what she had seen was just a prologue, and she wanted to be home, with her friends, her family, to face the coming storm...

**Rodrigo, AE, (ages 15-17)**



*Once Upon A Time...* on Halloween day, five teenagers went to a big scary old wooden house. They entered the house and as soon as they stepped in, the church bell rang midnight and the door instantly closed. They realized that the house was haunted due to the cobwebs over the old paintings and the moving furniture. They released a scream and tried to run out of the house but the door had been locked. Then, they decided to try to find another way out and to do so, they went upstairs. They felt a breeze and heard footsteps from the attic. The five boys went to investigate the area and they found a clown suit and a hatchet covered in blood. At that moment, they began to get even more afraid. They finally found a window in the attic and they managed to escape before anything could happen. They ran without stopping until they reached their homes. This story has never been told to anyone before.

**Tiago Azevedo, Tiago Rodrigues, Miguel, João, Alexandre, FCE – (ages 16-17)**



# .....more Story Time

**Think about your best friend. He or she knocks on your door tonight in a panic, and needs to make a desperate confession. Then, unable to say it, your friend runs away. What do you think it probably is?**

I think she probably told somebody my biggest secret. She broke our promise and now she is afraid of my reaction.

**What do you most fear it is?**

What I most fear is her telling me that she has killed someone.

**What is it unlikely, but not impossible, to be?**

It is unlikely, but not impossible that she has just found out she was adopted and that she is my biological sister, that's why we get along so well.

Leonor and Carolina, Class D (ages 15-16)

**What do you most fear it is?**

She has been thinking of becoming a boy (transgender) because she has always identified herself with the masculine more than the feminine. She found herself more attracted to women than to men.

**What is it unlikely, but not impossible, to be?**

She had already started the process because she was wearing baggy clothes and it was impossible to see the differences in her body. She had also cut her hair like George Clooney's.

Marta and Mariana, Class D (ages 15-16)

## Little Red Riding Hood REMAKE

## Once Upon A Time...

Once upon a time, there was a sweet little girl named Little Red Riding Hood, whose grandmother had become very ill with high-fevers. One evening Little Red Riding Hood decided to visit her in order to keep her company and to take her some delicious orange sponge cake which she had baked earlier that afternoon.

When she arrived at her grandma's house, which was set at the top of a hill surrounded by a thick green forest, she opened the door and stepped in. She immediately sensed something wasn't right. In front of her she saw long deep claw marks etched along the entrance wall and the first three steps of the staircase to the upstairs bedroom had been violently torn off its frame, making it difficult to climb without some effort. Frozen with fear, Little red Riding Hood called out to her grandmother several times, but there was no response. The house was surrounded in total silence. She grabbed the side railing and pulled herself up to the fourth step. Slowly she climbed each step to the top floor. She walked in the direction of her grandmother's bedroom and pushed open the door which was just slightly opened. There on the large framed bed lay her grandmother with a rather strange look on her face. "How are you, my dear?", asked her grandma. But before Red Riding Hood could reply, she watched her grandma get up off the bed and walk towards her. Suddenly, her grandma stopped, looked out the window, up at the sky and said, "Oh, what a wonderful full moon it is my dear!" Then out of nowhere, her grandma started screaming, her face twisted and her body was shaking uncontrollably. She rapidly started to become furry and she seemed to be turning into a werewolf! Red Riding Hood stood frozen, and from the corner of her eye, she saw what seemed to be the shape of a body laying on the ground next to the bed. She looked closer and saw that it was the bloody body of the huntsman who lived nearby! "What a strange grandma I have!", she thought.

Little Red Riding Hood turned to run out the room, but the door had closed. "Grandma, what a terribly big mouth you h.....". She couldn't finish what she was about to say because the werewolf bit her head off.

Proficiency (ages 17-18)



## THE RABBIT FAMILY

Today the rabbit family are in their carrot house.

Look in the bathroom! Dad is cleaning his teeth in the bathroom.

Look in the living room! Mum is drinking tea and watching TV in the living room.

Look in the kitchen! Brother is eating carrots in the kitchen.

Look in the garden! Sister is swinging in the garden.

Look in the bedroom! Baby rabbit is sleeping in the bedroom

## DAILY ROUTINE

Mariana Carvalho, Children B (ages 7- 8)

Paul Sanders is a student just like me. He wakes up early at 9:00 o'clock, but he only gets up at 9:30. He brushes his teeth, he has a shower and he gets dressed.

He usually combs his hair carefully. He sometimes eats bread and milk for breakfast. He goes to school every day in the morning. He has got classes and he thinks they are boring. He goes back home. He always listens to music. His favourite singer is Drake, he loves him.

He does his homework twice a week. He has dinner in the living room, he loves soaps. He watches the football games at the café shop three times a week. After that he returns home. Paul washes his face and goes to bed.

Margarida Santos, Children 2 ( ages 10-12)

I sometimes get up at seven o'clock.

I never have a shower in the morning.

I never go to school by bus but I always go to school by car.

I'm often late for school because I never get up early.

I never have lunch at the school canteen.

School lunches are never delicious.

I always arrive home in the afternoon because I have lessons at this time.

I always go to the park with friends.

I always tidy my room because I hate messy rooms.

It's raining and I'm usually bored.

I sometimes watch TV in my bedroom.



Leonor Bidarra, children 2 ( ages 10-12)

I usually get up at seven o'clock.

I never have a shower in morning but I have a shower at night.

I never go to school by bus but I go to school by car.

I never go to school on foot.

I often have lunch at the school canteen.

I sometimes arrive home in the afternoon.

I often go to the study centre with friends.

I always tidy my room.

I'm always bored when it's rainy.

I sometimes watch TV in bed.



Mafalda Touguinha , Children 2 , (ages 10-12)

My hero is Selena Gomez.  
She was born on 22nd July 1992 in Dallas, Texas, USA.

She has a disease called Lupus. The disease has no cure and happens when the body starts attacking itself.

Selena is a singer, actress, songwriter, dancer, stylist and philanthropist. She won 3 Emmy Awards and in total she has won 154 awards.

She is a heroine for me because even with this disease she never gave up and she always tries not to disappoint her fans even in the bad situations.

Ana Rita, Children 3



My favourite super hero is Zlatan Ibrahimovic.

Zlatan is funny, but he knows how to be calm. He is very interesting and curious. He is tall and slim, he has got long black hair, brown eyes and a very big nose. He has got tattoos on his body, including fifty names of poor children in Africa that he helps. He likes to help people by donating lots of money to them. He is a very talented football player but he is kind of old for his profession.

Zlatan wakes up every day at eight o'clock, he goes to the gym at ten o'clock and he goes to every single game that his team plays. He plays for Manchester United and he is considered by many to be the best at football.

There are many people that make fun of his nose but he answers back every time.

Luis Figueiredo, Children 4 (ages 13-14)

## Our School Mascot!

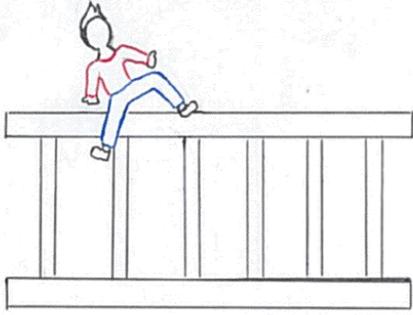
# All Saints' Day in Portugal

In Portugal, on 1st November, it's a national holiday. People don't work and they go to cemeteries to decorate the graves with flowers and candles of family members who have passed away. On this morning, children go out into the streets, knocking on every door reciting poems and saying "trick or treat". Usually people give bread, scones, nuts, almonds and dried fruit. It's similar to Halloween. A lot of people bake a sweet cinnamon cake. In my opinion, Halloween in Portugal isn't celebrated a lot, people don't care about it because most people are elderly.

Eduardo Barros, Class C (ages 13-15)



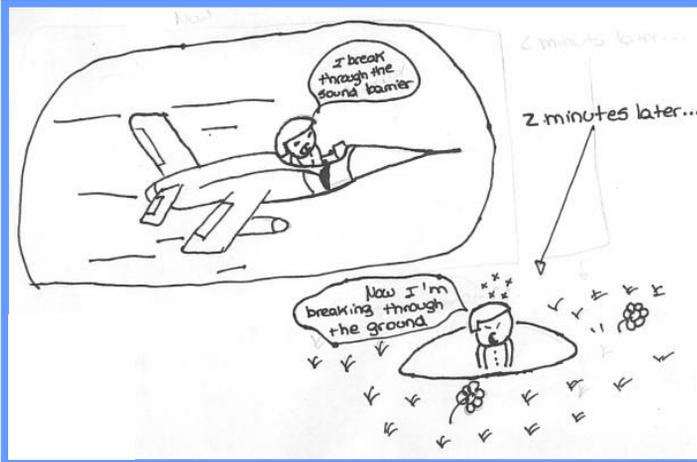
# SCHOOL



# LOOK! PHRASAL VERB

When you aren't old enough to go to prison but you're already training for the future -  
Breaking out of school

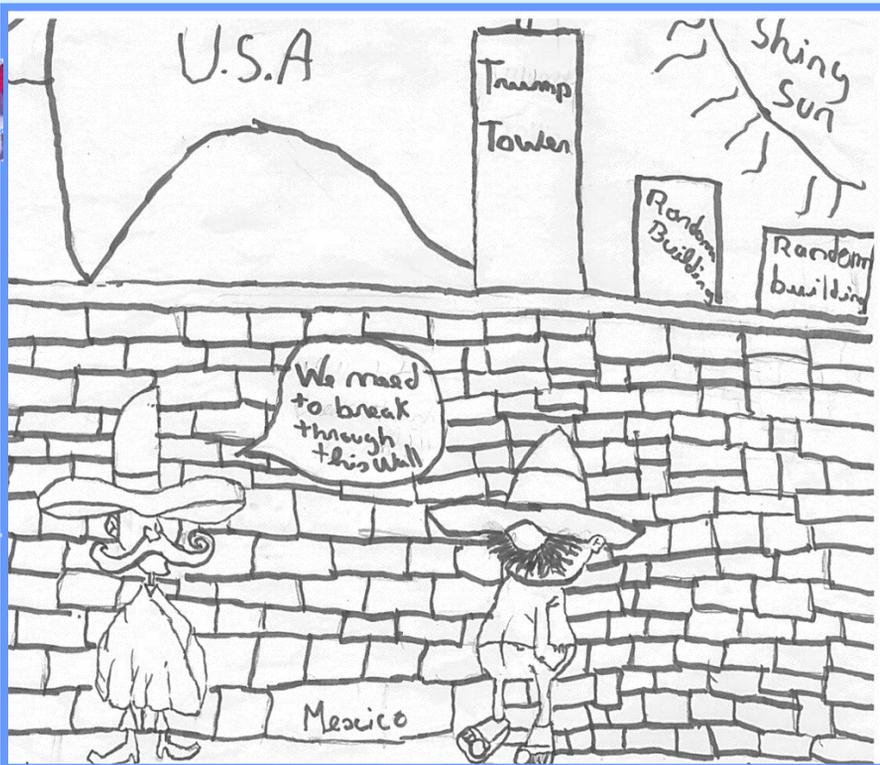
Rita and Rafaela, Children 4 Vila do Conde (ages 14-15)



João Videira, Afonso Costa and Pedro Lopes  
Children 4 (ages 13-14)



Inês Rafael and Rita Oliveira  
Children 4 (ages 13-14)



João Luis and João Rosmaninho, Children 4 (ages 14-15)

Sorry, if I broke off part of your flip-flop



Leonor Azevedo and Leonor Pinto  
Children 4, (ages 14-15)

# More places to discover



## Top Greater-Porto Attractions for Visitors

### Dom Luiz Bridge

Dom Luiz Bridge is a huge bridge made of metal. It's a very interesting bridge because when it was built it was the longest bridge in the world. It was built in 1881. It was used in the war so soldiers could pass from Porto to Vila Nova de Gaia. You can cross it by car, by train or on foot.

Tiago Cardoso, Class C (ages 13-15)



### Palacio de Cristal

Palacio de Cristal is located in Porto, it is a beautiful park with a lot of awesome gardens. It is surrounded by a lake and flowerbeds, all overlooking the Douro River. There is also a multimedia library, and auditorium and a café. Porto's Palacio de Cristal was a version of Britain's Crystal Palace. I recommend you visit this amazing place.

Daniela Silva, Class C (ages 13-15)

### Avenida dos Aliados

Avenida dos Aliados is the main avenue and centre of the city of Porto. The construction of the avenue started in 1916. It's architectural complex and its central character makes it the city's "living room", the place where the people of Porto gather to celebrate their special moments.

All the buildings are constructed of good granite, many of them crowned with domes. The axis of the avenue is marked by a large central plaza that, until the middle of 2006, was landscaped.

We can find the building of the former Imperial café, nowadays the McDonald's restaurant. It was considered by the 9GAG site as the most beautiful in the world! You should go there to see this beautiful place, it's worth it! Porto is beautiful!

Ines Bertao, Class C (ages 13-15)

# PORTUGAL



Hi John,

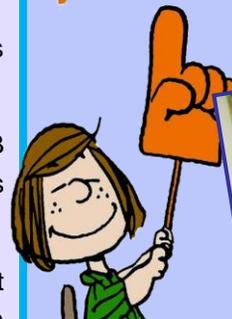
How are you? Let me tell you about my new school. Friday is my favourite day!

My school is Flávio Gonçalves Primary School. My class is 5B and there are 22 students, 12 boys and 10 girls. My best friends are Mike and Linda.

At quarter past eight I've got Maths. At half past nine I've got English and at a quarter to eleven I've got a break. At eleven o'clock I've got Music and at five past twelve I have lunch. I have rice, meat, crisps, eggs and ice-cream. At one o'clock, I've got Art and at twenty past three, I've got P.E. At four o'clock I go home.

Janine, Children 1 (ages 9-11)

### My Favorite Day



# The places we love...

## Vila Do Conde

Vila do Conde attracts you with its history heart, glassy river, wonderful beaches and salty past. It will soon astonish you. It's a popular getaway for Porto residents, however it holds some interesting secrets that only some locals know. Only few people know the inside of the enormous hilltop Monastery of Santa Clara. It has been rebuilt and you can enjoy the wonderful scenery over Rio Ave. One of the places hidden in Vila do Conde, that is very important for the locals is the José Régio Museum, that is located in Avenue José Régio, which goes unnoticed by the majority of the tourists. José Régio was born in Vila do Conde and he was a famous and iconic poet. The museum is located in the actual house where he lived. In this historic place are exhibited some works which he wrote throughout his life. With all these aspects, I sincerely recommend you to visit Vila do Conde, which has much more to offer and it might be a good surprise for you!

Alexandre Gonçalves, FCE (ages 15-16)



## Vila Do Conde

# PORTUGAL

Vila do Conde captivates you with its beauty the moment you arrive, but what you cannot miss is its astonishing beauty that only the locals know about. If you're looking for a mysterious, secret place to find yourself lost in what looks like a magical forest, Vila do Conde is the city where to find it, more specifically, Comendador António Fernandes da Costa street. Once you're there, you'll find "Churrasqueira do Ave" and opposite it, an abandoned, vandalized house. What most people don't know is that you can go inside through a side window. It might be a little hard to enter, but once there, it will feel like you've been transported to a rainforest in a tropical country. You can take amazing pictures there or maybe just relax and listen to the sound of the breeze. Vila do Conde might have breath-taking views and beautiful monuments, but it's the secret places that make it such a special city that you won't want to leave.

Mariana Santos, FCE (ages 15-16)

## Porto's best food hotspots

This may be an exaggeration but these restaurants may change your life forever. I'm sure each one will appeal to all your senses with its interesting features and characteristics. Our first stop will be one that will start off your day in the best way: with a delicious breakfast! "O Diplomata" has been my favourite for the longest time. It's a small, vintage-looking place located in de José Falcão Street near Ceuta Street and the look of it makes me feel at home. I strongly advise you to try the pancakes there, which are their speciality! I guarantee you won't regret it! I know it's hard for vegetarians to find suitable and delicious meals for their diet while travelling. "Cultura does Sabores" will solve your problems. It's in Ceuta Street which is close to Aliados – probably the most well known place in Porto – so it makes it easier for you to grab lunch or dinner after exploring the city. It offers a huge variety of vegan and vegetarian meals in a budget style as well as palatable desserts. You should totally check it out.

Finally, if you're looking for an in-between meal, combining breakfast with lunch, you should try brunch in Zenith without a doubt. From smoothies to more American style dishes, it has something for everyone. I promise you, you won't have a better experience than this one in your life. Porto has a lot to offer as you can see, it's all about really exploring the city and making the most out of your trip!

Beatriz Santos, FCE (ages 15-16)



- **PREPARAÇÃO PARA EXAMES DA UNIVERSIDADE DE CAMBRIDGE – PET (Preliminary) FCE (First Certificate); CAE (Advanced); CPE (Proficiency); IELTS (International English Language Testing); BEC**
  - **CURSOS INTENSIVOS DE VERÃO (inscrições abertas)**
  - **CURSOS DE ANO LETIVO (inscrições abertas)**
  - **CURSOS PRE-PRIMARIA**
- 
- **CURSOS EM REGIME INDIVIDUAL E EM GRUPO - CRIANÇAS, JOVENS E ADULTOS**
  - **TRADUÇÃO CERTIFICADAS DE - TEXTOS, TESES, DOCUMENTOS, PANFLETOS: (PORTUGUÊS / INGLÊS / ESPANHOL / ALEMÃO / FRANCES)**
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INSTITUTO S. JOSÉ  
VILA DO CONDE



Vila do Conde  
CÂMARA MUNICIPAL



Póvoa de Varzim

CÂMARA MUNICIPAL



The Director, Teachers, and Administration Staff at Manitoba would like to wish all our students and their families a fun and relaxing summer holiday. We look forward to seeing you all in the new school year!